# **CURRICULUM VITAE OF DR MITHILA FARUQUE**

Associate Professor and Head

Department of Noncommunicable Diseases (NCD) Bangladesh University of Health Sciences (BUHS)

125/1, Darus Salam, Mirpur, Dhaka 1216

Email: mithilafaruque@gmail.com; mithilafaruque@buhs.ac.bd

Scopus Author ID: 57204136371

ORCID ID: https://orcid.org/0000-0002-4731-2824

Contact: +880 1673637393



### **Career Summary (last 10 years)**

From-To	Job Designation	Employer
Oct 2023 – Till date	Associate Professor and Head, Dept. of NCD	BUHS
Jan 2023 – Till date	Adjunct Faculty, Faculty of Medical Studies	BUP
July 2017 – Sep 2023	Assistant Professor and Head, Dept. of NCD	BUHS
Dec 2014 – June 2017	Assistant Professor (current charge) and Head,	BUHS
	Dept. of NCD	
Dec 2013 – Nov 2014	Lecturer, Dept. of Reproductive and Child	BUHS
	Health	
January 2012 –	Principal Investigator and Clinical	A K Khan Healthcare
November 2013	Coordinator, Women Cancer and NCD	Trust (AKKHT), Dhaka
	Screening Program at Korail Slum, Dhaka	
August 2011 –	Clinic Manager, Second Urban Primary Health	Nagar Shastho kendro,
December 2011	Care Project (UPHCP-II), Dhaka City	Dhaka, Local Govt.
	Corporation, Area-6	Division, Ministry of
		LGRD & C

# Education

From-To	Degree	Institution
July 2023 – Till date	PhD Fellow	Bangladesh University of Professionals
June 2010 – May 2011	Master in Public Health	Bangabandhu Sheikh Mujib Medical
	(MPH)	University (BSMMU)
Aug 1997 – July 2003	M.B.B.S.	Rajshahi University

#### **Fellowship Award**

Awarded Fellowship of Next Generation Public Health Experts Project, NGPHEP, BRAC Institute of Global Health & James P Grant School of Public Health, December, 2013 to November, 2014

#### **Core Skills**

- Teaching/Mentoring
- Research expert
- Advocacy & policy development
- Management of educational events
- Consultancy
- Training
- Project proposal development
- Project management

Health System Strengthening - through infrastructure development, training and capacity building, community involvement, multisectoral committee coordination, effective NCD management strategy development and implementation and finally improve the quality of health services through monitoring & evaluation.

# Research Experience PhD Supervisor

Md. Jamal Uddin, PhD research student of MRC/CSO Social and Public Health Sciences Unit, University of Glasgow

Title: 'Home based cardiac rehabilitation for people living with coronary heart disease and heart failure: cultural adaptation and feasibility trial in Bangladesh'

### **Mentoring Master Research**

- Cardiovascular Risk Assessment in Postmenopausal Rural Women using Different Risk Prediction Tools
- Cardiovascular risk assessment among early and middle-aged adults in a rural Bangladeshi population
- Concordance among various non-laboratory based cardiovascular risk prediction tools among urban adult of Bangladesh
- Cardiovascular disease risk factors and its determinants among the doctors of Kathmandu valley
- Physical activity level and its barriers among type 2 diabetic subjects in a tertiary hospital of Dhaka city
- Factors affecting depression among the elderly population in Probin Hospital of Dhaka city
- Cardiovascular risk assessment using different anthropometric parameters among adult population in a tertiary hospital of Dhaka city
- Diabetic retinopathy and its associated factors among type 2 diabetic patients attending a tertiary hospital of Dhaka city
- Assessment of Dementia Risk among Patients of Coronary Artery Disease using CAIDE score
- Quality of life of cancer patients at end of life receiving home based palliative care in Dhaka city
- Breast cancer risk assessment among first degree relatives of affected women in Bangladesh
- Association of serum estradiol level with breast cancer in Bangladesh a case-control study
- Low back pain and its associated factors among adult population in a selected urban community of Dhaka city
- Polypharmacy and its associated factors among diabetic patients of a selected hospital in Dhaka city
- The Body Adiposity Index and its Associated Factors in a Rural Adult Population of Bangladesh
- Risk Factors of Chronic Kidney Disease among Adult Population of Bangladesh: A Hospitalbased Case-Control Study
- Effectiveness of soft tissue releasing technique among the patients with mechanical neck pain in a selected physiotherapy center of Dhaka city
- Trans fat consumption behaviour among adult population of a selected urban area of Gazipur district in Bangladesh
- Proportion of thyroid disorders and its associated risk factors among reproductive age women attending a thyroid centre in Dhaka city
- Association of bodyweight of primary school children with mother's employment status in selected schools of Dhaka city: a cross-sectional analytical study
- Thyroid Function and Glycemic Status among pregnant women in Combined Military Hospital Dhaka
- Progress status of children with cerebral palsy receiving rehabilitation services and its associated factors among selected centers of Dhaka division

#### **International Research Grants**

- Country Lead and Co-applicant, 'Affordable Cardiac Rehabilitation: An Outreach Interdisciplinary Strategic Study (ACROSS)' (NIHR205540), NIHR Research and Innovation for Global Health Transformation Call 6, 2024-2029
- Coordinator of 'The next step towards the elimination of iodine deficiency and preventable iodine-related disorders in Europe, EUthyroid2' (101095643), HORIZON-HLTH-2022-DISEASE-07-03, 2023-2026

### Research Projects Management as PI/Co-I

Duration	Award	Title	Source
April –	55,00,000.00	Digitalization of NCD Management	NCDC Program of DGHS,
June 2024		Model (WHO PEN) through NCD Digital	Ministry of Health & Family
		System in 5 Sub-districts of Bangladesh	Welfare
June – Oct	38,00,000.00	Baseline survey of the Capacity Building	Japan International
2022		of Nursing Services Phase 2 Project	Cooperation Agency (JICA)
Mar – June	90,00,000.00	Strengthening of primary health care	NCDC Program of DGHS,
2022		system on prevention and control of	Ministry of Health & Family

r	ı		T
		hypertension and diabetes mellitus	Welfare
July – Dec	40,000.00	The Body Adiposity Index and its	Bangladesh Medical Research
2021		Associated Factors in a Rural Adult	Council (BMRC)
T 1 D	40,000,00	Population of Bangladesh	D 1 1 1 W 1 1 D 1
July – Dec	40,000.00	Polypharmacy and its relationship with	Bangladesh Medical Research
2021		adherence to treatment among diabetic	Council (BMRC)
		patients of a selected hospital in Dhaka	
A	00 00 000 00	city	NGDG Days and of DGHG
April – Aug 2021	80,00,000.00	Strengthening of primary health care	NCDC Program of DGHS,
2021		system on prevention and control of hypertension and diabetes mellitus	Ministry of Health & Family Welfare
July – Dec	40,000.00	Salt intake level among Bangladeshi	Bangladesh Medical Research
2020	+0,000.00	adults in selected communities of Dhaka	Council (BMRC)
2020		city	Council (BWIKC)
July – Dec	40,000.00	Non-communicable disease risk factors	Bangladesh Medical Research
2020	40,000.00	among postgraduate students in Dhaka	Council (BMRC)
2020		city of Bangladesh: A multicentric cross-	Council (Bivirce)
		sectional study	
June – Aug	3,26,000.00	Opportunities and challenges of	Bangladesh Health Watch
2020	, -,	strengthening the COVID-19 case	(BHW) in collaboration with
		management system in Bangladesh	James P Grant School of
			Public Health, BRAC
			University
April – Dec	4,25,000.00	Knowledge, attitude and practice of	BCCP in collaboration with
2020		tobacco control laws among tobacco	Johns Hopkins Bloomberg
		sellers of Dhaka City Corporation	School of Public Health,
			Baltimore, USA
Jan – June	90,00,000.00	Implementing WHO PEN protocol in	NCDC Program of DGHS,
2019		reducing hypertension, diabetes and their	Ministry of Health & Family
		risk factors in a rural community of	Welfare
		Bangladesh	
Nov 2018 –	85,06,080.00	Strengthening surveillance of	National Institute of Health
May 2022		Cardiovascular Disease, Type-2 Diabetes	Research UK through
		and their risk factors in Bangladesh	Imperial College London
T T	45.00.000.00	Don't a sulface and the state of the state o	Bangladesh NGDG Brown of DGHS
Jan – June	45,00,000.00	Practice and treatment towards diabetes	NCDC Program of DGHS,
2018		mellitus of diabetic patients in	Ministry of Health & Family
Ion Iumo	47.69.900.00	Bangladesh perspective	Welfare
Jan – June 2018	47,68,800.00	Livelihood status of the persons with diabetes in Bangladesh	NCDC Program of DGHS, Ministry of Health & Family
2016		diabetes in Bangiadesii	Welfare
Dec 2016 –	8,40,000.00	Comparison of the effects of metformin	The World Academy of
Nov 2018	0,40,000.00	and insulin on risk of recurrence among	Sciences (TWAS)
1107 2010		postmastectomy diabetic patients	
July 2015 –	12,30,600.00	Perceptions on health insurance among	Center of Excellence for
June 2016	12,50,000.00	policy makers, opinion leaders and	Universal Health Coverage,
2010		potential consumers in Bangladesh	BRAC University, ICDDR,B
		The second of th	and James P. Grant School of
			Public Health
March –	7,70,000.00	Tobacco Knowledge, Attitude and	Johns Hopkins Bloomberg
Nov 2015	. ,	Practice among adults attending	School of Public Health and
		outpatient department (OPD) of Public	Institute of Global Tobacco
		Hospitals	Control (IGTC), USA
July 2012 –	3,50,00,000.0	Capacity development for combating	World Diabetes Foundation
June 2018	0	Gestational Diabetes Mellitus (GDM) in	(WDF)
		Bangladesh	
		<del>-</del>	

- Consultant in 'Capacity Building of Nursing Services Phase 2' funded by JICA
- Consultant in 'Workload Staffing Needs Assessment for public sector healthcare facilities at district and below levels of services' funded by USAID and technical assistance by MaMoni Health Systems Strengthening Project of Save The Children
- Associate Consultant in the development of PIP and operational plan of NCD of 4th HNPSDP
- Developed a PEN module for NCD prevention and control for 'Strengthening of NCD intervention at primary care level' supported by NCDC of DGHS, MOH&FW and technical assistance by World Health Organization (WHO)
- Consultant in 'Updating Policy of Grant Allocation for Organizations under 2705 code of Nondevelopment Budget of MOHFW' funded by UKaid and technical assistance by MOH&FW
- Consultant in 'Situation Assessment of New Medical Colleges in Bangladesh' funded by JDTAF
   (Joint Donor Technical Assistance Fund) for supporting implementation of 4th HNPSDP

#### Trainer/Facilitator

- *Facilitator* in the WHO-SEARO Induction Training on People-centred NCD Service Delivery in Primary Health Care from 02 to 13 December 2021
- *Training Coordinator* of a training program of 2600 Govt. staff on 'Management of Major NCDs for Health Service Providers e.g. Nurses and other Para-health Professionals' funded by NCDC Program of Directorate General of Health Services (DGHS), Ministry of Health & Family Welfare, The Government of the People's Republic of Bangladesh.
- *Trainer* of the WHO PEN training package on prevention & management of NCDs for the primary level health care providers in Bangladesh supported by World Health Organization
- *Facilitator* in a TOT workshop on 'Workload Indicators of Staffing Need (WISN)' in Colombo from 26-29 November 2018 supported by World Health Organization

## **Training/Workshop Participation**

- Successfully completed 5 days 'Training on Trainers (ToT) on WHO Package of Essential Noncommunicable Diseases (PEN) Intervention' from 12 to 16 September 2021 jointly organized by NCDC Program of DGHS and World Health Organization.
- Successfully completed online Workshop on Systematic Review and Meta-analysis during March 26-28, 2021 under the management of Global Public Health Research Foundation, Dhaka, Bangladesh
- Successfully completed online Workshop on Stata, Biostatistics and Epidemiology: theory and applications during March 19-24, 2021 under the management of Global Public Health Research Foundation, Dhaka, Bangladesh
- Attended 3 days training on the "Application on Workload Indicators of Staffing Need (WISN) Tool" in Bangladesh organized by Human Resource Management Unit, Ministry of Health & Family Welfare (MOH&FW) in collaboration with World Health Organization, Country Office, Bangladesh during 25-27 November 2016.
- Attended Workshop on 'Data Management, Analysis and Research Report Writing', July 27 29, 2015, organized by Bangladesh Centre for Communication Programs (BCCP).
- Attended 2 days 'Pedagogic Workshop on Case-based Teaching' by James P. Grant School of Public Health (JPGSPH), BRAC Institute of Global Health (BIGH), BRAC University, under the USAIDs Next Generation of Public Health Experts Project (NGPHEP).
- Attended 3 days Workshop on 'Capacity Building on Health System Research' at BMRC supported by WHO.
- Attended two days Orientation Training for doctors on Occupational Health & Safety at NIPSOM supported by WHO.
- Conducted Training (TOT) on Community Clinic project at BMRC.
- Attended Workshop on 'Revitalization of Community Health Care Initiative in Bangladesh' at BMRC (Bangladesh Medical Research Council).

### **Conference/Seminar Participation**

- Attended 9<sup>th</sup> Regional Public Health Conference on 25 & 26 February 2022 at BUHS
- Attended 1<sup>st</sup> National NCD Conference Bangladesh on 26-28 January 2022

- Attended Annual Conference of Public Health Association of Bangladesh on 3 & 4 September 2021
- Attended '8<sup>th</sup> Asian Preventive Cardiology & Cardiac Rehabilitation Conference' on 28-29 November 2020, organized by Hong Kong College of Cardiology
- Attended the 'National Heart Foundation Conference on Cardiovascular Diseases', 1-2 December 2019
- Attended 'National Conference on Environmental Health & Climate Change' on 8<sup>th</sup> December 2019 organized by Public Health Foundation Bangladesh
- Attended the 2018-19 New Southbound Policy in Taiwan Seminars for Public Health Research course on 21 – 29 January, 2019
- Attended '6th Public Health Foundation Conference' at ICDDR, B on 9-10 December 2018
- Attended the International Seminar on 'Challenging Research by Women in STEM' on November 2018, organized by OWSD
- Attended 8<sup>th</sup> Regional Public Health Conference on December 2017
- Presented the research findings in first World NCD Congress at Chandigarh, India in Nov 2017
- Attended 'Research Finding Dissemination Conference', January 28-29, 2015, organized by Bangladesh Centre for Communication Programs (BCCP) with technical assistance from John Hopkins Bloomberg School of Public Health
- Participated at 'National Public Health Seminar 2014' organized by National Institute of Preventive and Social Medicine (NIPSOM) with the support of WHO
- Attended '5th Regional Public Health Conference' on 17-18 December, 2014 organized by BUHS
- Attended '4th Regional Public Health Conference' on 1-2 March, 2014 organized by BUHS

### Participation as Keynote Speaker/Presenter in Conferences/Seminars/Workshops

- **Speaker** on '*Hypothyroidism*' in the Thyroid Workshop 2023 organized by the Thyroid Centre Ltd. and BITMIR, 25<sup>th</sup> May 2023
- Keynote Speaker in the Seminar on World Hypertension Day 2023 organized by the NCD Department of BUHS, 22 May 2023
- **Presenter** of the Research Findings Dissemination of SP-11 'Strengthening of primary health care system on prevention and control of hypertension and diabetes mellitus', organized by NCDC Program of DGHS, MoH&FW on 18 June 2023
- **Presenter** in the dissemination of research findings on 'Strengthening surveillance of NCDs and their risk factors' organized by JPGSPH on 31 July 2023
- **Presenter** of the Research Findings Dissemination of SP-09 'Strengthening of primary health care system on prevention and control of hypertension and diabetes mellitus', organized by NCDC Program of DGHS, MoH&FW on 19 May 2022
- Keynote Speaker in the seminar on World Diabetes Day 2020 organized jointly by the NCD Department of BUHS & Bangladesh Society of Diabetes Practitioners (BSDP), 14<sup>th</sup> November 2020
- **Presenter** of the Research Findings Dissemination of 'Designing a model for community-based intervention in reducing hypertension, diabetes and their risk factors in a rural community of Bangladesh', organized by NCDC Program of DGHS, MoH&FW on 3 December 2019
- Presenter of Research findings on 'Alteration of hypertension prevalence among the healthcare providers of Bangladesh based on JNC7 and ACC/AHA hypertension guidelines' organized by National Heart Foundation Conference on Cardiovascular Diseases, 1-2 December 2019
- **Speaker** in the 2018-19 New Southbound Policy in Taiwan Seminars for Public Health Research course on 21 29 January, 2019
- Presenter at 'National Public Health Seminar 2014' organized by National Institute of Preventive and Social Medicine (NIPSOM) with the support of WHO

### **Conferences/ Seminars/ Workshops Organization**

- *Joint Organizing Secretary* organized the 9<sup>th</sup> Regional Public Health Conference 2022 on 'Access to Health & Wellbeing for All' on 25 & 26 February 2022 at BUHS.
- *Member of the Organizing Committee* 1<sup>st</sup> National NCD Conference Bangladesh on 26-28 January 2022

- Member Secretary of the Scientific Committee the Annual Conference 2021 of Public Health Association of Bangladesh on 'Health System Strengthening: Solutions for Tomorrow' on 3 & 4 September 2021 virtually.
- Convener of the Organizing Committee the 'Scientific Conference on Preventive Oncology 2020' on 7th February 2020 jointly by NCD Department of BUHS & Cancer Awareness Foundation of Bangladesh at Krishibid Institution Bangladesh.
- *Member of the Organizing Committee* 7<sup>th</sup> & 8<sup>th</sup> Regional Public Health Conference in 2016 & 2017 at BUHS
- Organized a seminar on World Diabetes Day 2023, 14 November at Ibrahim Auditorium of BUHS
- Organized a seminar on World Hypertension Day 2023, 22 May at Ibrahim Auditorium of BUHS
- Organized a seminar on World Diabetes Day 2020, 14 November jointly by the NCD Department of BUHS & Bangladesh Society of Diabetes Practitioners (BSDP) at Ibrahim Auditorium of BUHS.
- Organized a seminar on World Hypertension Day 2019, 29 May at Ibrahim Auditorium of BUHS
  Organized a seminar on 'Outbreak of Dengue Fever in Bangladesh' on 2 October 2019 at Ibrahim
  Auditorium, BUHS with international speakers from National Cheng Kung University (NCKU),
  Taiwan.

# **Organizing Certificate/Short Courses**

- Course Coordinator 'Epidemiology, Risk Factors and Preventive Strategies of NCDs' a 3 ECT tropEd accredited course in collaboration with Centre for International Health, University of Munich, Germany
- Course Coordinator 'Short Course on Thyroid Diseases' a 4-credit course for the Physicians

#### **Certificate Course**

- Certificate Course on 'Accelerating People-centered NCD Service Delivery in Primary Health Care' held from October 2020 to January 2021, organized by WHO-SEARO
- Certificate course on 'Epidemiological Research Methods and SPSS'- ICDDR,B
- Certificate course in 'Project Development and Management for NGOs'- bdjobs
- Certificate course on 'Introductory Course on Universal Health Coverage' by Centre of Excellence for Universal Health Coverage (CoE-UHC) at James P Grant School of Public Health (JPGSPH), BRAC University

# **Publications**

Google Scholar: h-index 9, i10-index 9, total 14504 citations (as of 7 August 2024)

- 1. *Khan FI, Faruque M, Sultana R, Nahar N and Ara BR*. Depression and its associated factors in 13-19 years old rural adolescents. International Journal of Advanced Research (2014); 2(1):672-679.
- 2. Clark R, Leslie Bradford L, Opoku-Anane J, Ngonzi J, Islam F, Faruque M, Goodman A. Minor Gynecologic Surgery Skills: The Training Experience and Challenges for Providers in Low and Middle Income Countries. Open Journal of Obstetrics and Gynecology. 2014; Volume 4:432-444. https://doi.org/10.4236/ojog.2014.47064
- 3. Sultana SR, Das M, Faruque M, Mondal R, Nurani RN, Hossain M, Banik PC. Musculoskeletal disorders among Bangladeshi type 2 diabetic subjects. SMU Medical Journal. 2015; 2(2):67-80. ISSN:E -2349 –1604.
- 4. Zaman MS, Barua L, Bushra S, Sultana T, Hossain I, Sultana S, Banik PC, Faruque M, Moniruzzaman M, Zaman MM. Salt Intake Behavior among the Faculties and Doctors of Bangladesh University of Health Sciences. Cardiovascular Journal. 2016; 8(2): 94-98. https://doi.org/10.3329/cardio.v8i2.26804
- 5. Goodman A, Faruque M, Clark RM. In Bangla There Is No Word for Vagina—Reflections on Language, Sexual Health, and Women's Access to Healthcare in Resource-Limited Countries. *Health.* 2016; 8, 1244-1257. <a href="https://doi.org/10.4236/health.2016.812127">https://doi.org/10.4236/health.2016.812127</a>

- 6. Banik PC, Moniruzzaman M, Zaman F, Faruque M, Ali L. Prevalence of Hypertension among Urban and Rural Type 2 Diabetic Subjects in Bangladesh. Journal of Hypertension: September 2016, Volume 34, Issue LBPS 03-18. doi: 10.1097/01.hjh.0000501452.18894.26
- 7. Sultana R, Akter J, Nahar N, Faruque M, Ara BR and Ahmed MK. Perceptions about the Health Effects of Passive Smoking among Bangladeshi Young Adults. International Journal of Statistics in Medical Research. 2016; 5:249-254. 10.6000/1929-6029.2016.05.04.3
- 8. *Nahar N, Akter J, Mahbub MS, Sultana R, Khan FI, Faruque M, Ara BR*. Association of sociodemographic issues with level of knowledge of HIV/AIDS among injecting drug users in Dhaka City in Bangladesh. *South East Asia Journal of Public Health*. 2017; 7(1):42-47. <a href="http://dx.doi.org/10.3329/seajph.v7i1.34678">http://dx.doi.org/10.3329/seajph.v7i1.34678</a>
- 9. Nahar N, Faruque M, Mahbub MS, Akter J, Sultana R, Khan FI and Ara BR. Knowledge and Practices about HIV/AIDS among Injecting Drug Users of Dhaka City in Bangladesh. The Tropical Journal of Health Sciences. 2018; 25(1):35-41. https://www.ajol.info/index.php/tjhc/article/view/166441
- 10. Barua L, Faruque M, Banik PC, Ali L. Cardiovascular Risk Assessment among Postmenopausal Women: A Review. *Preprints* 2018, 2018060135. doi:10.20944/preprints201806.0135.v1
- 11. *Barua L, Faruque M*, *Banik PC*, *Ali L*. Physical activity levels and associated cardiovascular disease risk factors among postmenopausal rural women of Bangladesh. Indian Heart Journal. 2018; 70 Suppl 3(Suppl 3):S161-S166. doi: 10.1016/j.ihj.2018.09.002.
- 12. *Faruque M*, *Barua L and Banik PC*. A11551 Postmenopausal hypertension and its association with cardiovascular disease risk in a rural area of Bangladesh. Journal of Hypertension 36:e200. October 2018. DOI: 10.1097/01.hjh.0000548822.07901.73.
- 13. Bank PC, Chowdhury S, Faruque M, Ahmed M MSA. A11589 Knowledge, Attitudes and Practices on Tobacco among adults attending Outpatient Departments of Public Hospitals in Bangladesh. Journal of Hypertension. October 2018. DOI: 10.1097/01.hjh.0000549298.31719.2d
- 14. Barua L, Faruque M, Banik PC, Ali L. Concordance between two versions of World Health Organization / International Society of Hypertension risk prediction chart and Framingham Risk Score among postmenopausal women in a rural area of Bangladesh. Indian Journal of Public Health. 2019; 63(2):101-106. doi: 10.4103/ijph.IJPH\_178\_18.
- 15. Barua L, Faruque M, Banik PC, Ali L. Agreement between 2017 ACC/AHA Hypertension Clinical Practice Guidelines and Seventh Report of the Joint National Committee Guidelines to Estimate Prevalence of Postmenopausal Hypertension in a Rural Area of Bangladesh: A Cross Sectional Study. Medicina. 2019; 55(7):315. doi:10.3390/medicina55070315.
- 16. Barua L, Faruque M, Banik PC, Ali L. Atherogenic index of plasma and its association with cardiovascular disease risk factors among postmenopausal rural women of Bangladesh. Indian Heart Journal. 2019; 71(2):155-160. http://dx.doi.org/10.1016/j.ihj.2019.04.012
- 17. *Faruque M.*, *Mia M.B.*, *Chowdhury M.H.*, *Sarker F.*, *Mamun K.A.* Feasibility of Digital Health Services for Educating the Community People Regarding Lifestyle Modification Combating Noncommunicable Diseases. In: Streitz N., Konomi S. (eds) Distributed, Ambient and Pervasive Interactions. HCII 2019. Lecture Notes in Computer Science, vol 11587. Springer, Cham. https://doi.org/10.1007/978-3-030-21935-2 25
- 18. Mondal R, Sarker RC, Sayrin R, Afrin R, Zaman K, Acharya NP, Sultana S, Banik PC, Faruque M, Choudhury SR, Zaman MM. Knowledge, attitude and practice towards dietary salt intake among nurses working in a cardiac hospital in Bangladesh. Cardiovascular Journal. 2019; 12(1):53-58. https://doi.org/10.3329/cardio.v12i1.43420
- 19. *Akter S, Faruque M*, *Nahar K*. Association of serum IGF1 and adiponectin in prognosis of breast cancer metastasis. Annals of Oncology, Volume 30, Issue Supplement\_3, May 2019, mdz100.019, https://doi.org/10.1093/annonc/mdz100.019
- 20. Salima Akter, **Mithila Faruque**, Mamun Mia, Mousumi Bhowmik, Lipika Sultana, Tasmia Tahmid, Kamrun Nahar. Effects of oral hypoglycemic drugs, insulin and combination therapy on breast cancer growth. Abstract number: BU-03837, IDF Congress 2019, 2-6 December.
- 21. Akhter H, Bhowmik M, Sultana L, Mia M, Rahman S. H. Z, Akhtar M. W., Tahmid T, **Faruque M**, Akter S. 62P IGF axis in breast cancer recurrence and metastasis. Annals of Oncology; Abstract, Volume 31 (suppl\_6): S1226, Nov 2020. <a href="https://doi.org/10.1016/j.annonc.2020.10.082">https://doi.org/10.1016/j.annonc.2020.10.082</a>
- 22. Ahsan MM, Saha AK, Sadia L, Sultana S, Banik PC, Faruque M, Zaman MM. Salt intake behaviors among type 2 diabetic patients of a tertiary level hospital in Dhaka city. Mymensingh Medical Journal. Jan 2020; 29(1):162-168.

- 23. Barua, L, Faruque, M, Chowdhury, H, Banik, PC, Ali, L. Health-related quality of life and its predictors among type 2 diabetic population of Bangladesh: A nation-wide cross-sectional study. Journal of Diabetes Investigation. 2020. https://doi.org/10.1111/jdi.13331
- 24. Biswas J, Haque MM, Mahbub MS, Nurani RN, Shah NA, Barua L, Banik PC, Faruque M, Zaman MM. Salt Intake Behavior among the Undergraduate Students of Bangladesh University of Health Sciences. Journal of Xiangya Medicine. 2020;5:24. <a href="http://dx.doi.org/10.21037/jxym-20-47">http://dx.doi.org/10.21037/jxym-20-47</a>
- 25. Global burden of 369 diseases and injuries in 204 countries and territories, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019. GBD 2019 Diseases and Injuries Collaborators. Lancet 2020; 396(10258):P1204-1222. <a href="https://doi.org/10.1016/S0140-6736(20)30925-9">https://doi.org/10.1016/S0140-6736(20)30925-9</a>
- 26. Global burden of 87 risk factors in 204 countries and territories, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019. GBD 2019 Risk Factors Collaborators. Lancet 2020; 396(10258):1223-1249. https://doi.org/10.1016/S0140-6736(20)30752-2
- 27. *Omi FR, Barua L, Banik PC, Faruque M*. A protocol to assess the risk of dementia among patients with coronary artery diseases using CAIDE score. F1000Research 2021, 9:1256 <a href="https://doi.org/10.12688/f1000research.25388.3">https://doi.org/10.12688/f1000research.25388.3</a>
- 28. *Sadia, L; Barua, L; Banik, PC; Faruque, M*. Physical activity levels, its barriers and associated factors among the patients with type 2 diabetes residing in the capital city of Bangladesh. Lifestyle Medicine. 2 December 2020; e14. <a href="https://doi.org/10.1002/lim2.14">https://doi.org/10.1002/lim2.14</a>
- 29. *Barua L, Zaman MS, Omi FR, Faruque, M*. Psychological burden of COVID-19 pandemic and its associated factors among the frontline doctors of Bangladesh. F1000Research. January 2021, 9:1304. <a href="https://doi.org/10.12688/f1000research.27189.3">https://doi.org/10.12688/f1000research.27189.3</a>
- 30. *Faruque M*, *Barua L*, *Banik PC*, *Sultana S*, *Biswas A*, *Alim A*, *Gupta PKS and Ali L*. Prevalence of noncommunicable diseases risk factors among nurses and para-health professionals of Bangladesh working at primary health care setting. BMJ Open. 2021 Mar 19;11(3):e043298. doi: 10.1136/bmjopen-2020-043298. PMID: 33741665.
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# **Professional Membership**

- Member of OWSD, Full member, Membership number: 7717
- Member of International Society of Hypertension (ISH), *Membership number: 17510*
- Epidemiology Foundation of India (EFI), *Life Member, Membership number: 00447*
- Member of International Epidemiological Association (IEA), User Id: 9684
- Public Health Association of Bangladesh (PHAB), Life member, Membership number: 340
- Member, Global Burden of Disease (GBD) Collaborator Network
- Member, Bangladesh Tobacco Control Research Network (BTCRN)
- Member, Ethical Review Committee (ERC), BUHS
- Member, Occupational & Environmental Health Association of Bangladesh (OEHAB)

#### **Certification:**

I certify that all information stated in this resume is true and complete to the best of my knowledge. I authorize the concerned authority to verify the information provided in this resume.

Mithila Faruque

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